GLAD MIDSOMMAR! HAPPY MIDSUMMER!



Raise your glass of aquavit to the level of an imaginary third vest button, gaze deeply into the eyes of each person present, sing first seven lines of the song below, then say, "Skål!" Whereupon you knock down the precious liquid and, before putting your glass down, once again and with great care, lock eyes and sing the final line of "Sjung hopp, faderallan lej!".

Helan går

Melody: Helan går

Helan går, sjung hopp, faderallan lallan lej. Helan går, sjung hopp, faderallan lej. Och den som inte helan tar, han heller inte halvan får. Helan går! Sjung hopp, faderallan lej!

Phonetic transliteration:

Hal and Gore, shun hop, father Alan Lalan ley Hal and Gore, shun hop, father Alan ley. Oh handsome in the hell and tar an' Hal are in the half and four. Hal and Gore! Shun hop, father Alan ley!

Translation:

Now for the First!
Sing hop, faderallan lallan ley.
Now for the First,
sing hop, faderallan ley.
And those who won't the First
One take
they also Number Two forsake.
Now for the First!
Sing hop, faderallan ley!

